

Intuitive Painting with Jane Davies

Connect directly to your intuition and express yourself with paint, drawing, and collage. Discover new tools and techniques that get you out of a rut and into a more spontaneous way of working. We will paint to music, draw with crayons, create our own collage papers, improvise, collaborate, and more. Learn to be present to the process, let go of expectations that inhibit you, and expand your expressive capacity.

All techniques are accessible, so those with less experience can jump right in. Experienced painters will find this a refreshing way to re-energize their art practice. If you have never painted before, this is a great way to start!

Supply List

- **Paint:** any student grade acrylics, craft paints, or professional acrylics, including as many colors as you have plus black and white. See my Favorite Materials page for specific recommendations.
<http://janedaviesstudios.com/favorite-materials/>
- **Printmaking paper**, or similar, for substrate. I use Stonehenge Printmaking Paper (see my web site), which comes in 22"x30" sheets. Cut your paper down to 10"x10" pieces; you should have about 18 - 24 pieces (three or four large sheets, cut into six 10"x10"s, with a little left over). If you prefer a rectangle format, cut to 8"x10" or 9"x12".
- **Acrylic matte medium** (I use Utrecht, which works well for collage)
- **Acrylic glazing medium** for diluting your paints
- **A variety of brushes** (see favorite materials page for the brushes I use)
- **A soft rubber brayer**, 2" - 3" wide
- **Expired credit cards** or gift cards, for scraping paint
- Anything you might use to **stamp** pattern or texture (optional) onto paper
- **Disposable palette** (pad of paper style)
- **Large roll of soft paper towels** (Bounty or Viva)
- **Spray bottle** for water (windex style, not a mister)
- **Drawing tools:** pens, markers, watercolor crayons, oil pastels, or whatever you have

I provide

- Large cheap drawing paper
- Smaller cheap drawing paper
- *Some* paint to share, but you need your own too
- Drawing tools to share
- Pearls of wisdom and pearls of stupidity