

FEBRUARY SURVEY QUESTION #3



3. What would be your advice to yourself as a beginner? What lessons have you learned on your art journey that you think would most help a beginner artist?

- Just do a lot of painting. Try not to think about it too much. It's ok to try to copy things you like (you won't be able to). Try things, see what happens, put the time in, but be patient. Look at a lot of art. Do a lot of looking. Pay attention to looking and noticing colour, light, shapes, edges wherever you go. Have fun. Be kind.
- You don't need to buy a lot of different colors of paint. Learn to swatch and make a harmonious palette first.
- Make art. Look at art (yours and others') and think about what you like and don't like. Make more art. Focus on what you like and try to identify why. Make more art.
- Dive in, let yourself make ugly or unsatisfying art, then settle down and let the teaching artist start guiding you through his or her lesson plan. It's more fun to start working with colors and materials, then work backwards toward theory and technique.
- (Q 2 Explore color. Avoid THEORY. Drawing ability is overrated. You can enjoy drawing w/o being "good" at it- Blind drawing, etc.) enjoy what you're doing. That's what matters, not whether or not the result is "good" or "as good as." No need to learn rules, theories. Just ask yourself: What would happen if... & let exploring those questions teach you. NEVER do housework to avoid artplay.
- Have fun and enjoy the process.
- If you want/need to make a living at it, make lots and lots of art and do not expect that all of it will be worthy of offering for sale. A good percentage of ugly ducks will occur; just accept it and keep making art.
- Regular creative practice (daily if possible), builds the strongest habit, comfort level & confidence which over time- the joy is in the journey- produces consistency! It is called a "painting practice" for a reason!

- It takes time to get good. Take time and play with materials and techniques. You can learn from anything you do so don't expect to sit down and create a perfect anything, first time or anytime. Don't compare yourself to others.
- Become one with your canvas, paper, wood panel, etc. Meditate before working on a series. **DON'T BE AFRAID TO START!**
- Practice your craft each day. Take art classes in person when you can and when available. Practice! Practice!
- I found knowing the why's of doing a "technique"; it's purpose really important.
- Simplicity not worrying about a finished product or all about composition, values, etc. Those concepts are very important and can be incorporated over time and lessons.
- Structure too and practicing it. For example in watercolour one of the basic techniques you start to learn are washes. I always liken it for beginners to painting a "fence". Painting rocks. In a graded wash etc. learning to control water volume.
- Play is very important to figure out what the materials will do and experiment: ask yourself "what happens when I do this?" Don't try to create "masterpieces" or something to sell. Enjoy the process!
- I am a beginner so I'm not sure if I know much yet. BUT looking forward to learning.
- Be prepared to experiment and **MAKE 'MISTAKES'**. 'Mistakes' are the best way to learn something new. Trying to produce something perfect can be the biggest barrier to your learning.
- Play, experiment, have fun, the rest will come in time but the first three you need for your entire art journey!
- I am a beginner :) I just tell myself to jump and try new things. I often make a mess, but when I make something I like it feels like magic! So my advice to my self is to look for the Beauty and the lesson in the mess. Thank you for sharing your knowledge with so many people!
- I have a color wheel that hangs in my studio right above where I work and that fits me so when I was a beginner- I literally looked at the color wheel every time I was reaching for the next color to make sure it fit with the color I had started with. Good use of color can hide a paperful of art sin. ;)
- Commit to a time schedule, what ever works, just commit. Work in a series. Follow instructions for best results, including supplies. Always buy more white paint than you think you'll need. Jane, I found your technique videos, workshops, and course to be a great place to learn how to make art as a beginner artist. I highly recommend you to my beginning artist friends.
- Relax-Be kind and patient with yourself-Enjoy the process.
- You don't need to start with a plethora of tools and supplies but buy good ones
- Take it easy on yourself. Have fun!
- Don't buy every color, expensive paint.
- Learning how to relax and enjoy the beauty of creating, for the act of creating first. As one can relax into oneself, trust one's inner creative self, then other ways listed above can be learned

from the place of discovery. As people learn to create for the pure joy of creating first, this helps dissolve the inner critic and their art is filled with their energy. I have learned how to relax into myself and enjoy and now I am interested in learning how to bring more light and a sense of mystery. Take a design 101 and 102 class at a local community collage to get the basis to begin your journey - it covers all the basics and is not expensive, its in person, uses lot of supplies - great introduction, and everyone else is a beginner. Then take classes with artists you admire.

- The list above is beginner oriented - the order would be different if there was some knowledge...
- Turn up regularly. It is just for you, keep it private, at least for the time being.
- Just do it. You will surprise yourself.
- Be patient with yourself. Practice, practice, practice. Use the best materials you can afford, fewer if necessary.
- practice regularly and play in a sketchbook, technique, color, marks, composition to develop and discover my art
- 1) a journal is your best friend. 2) write about your journey, your ideas, your inspirations. 3) look at art, lots of it. 4) be attentive to what you like, but more importantly, WHY you like it. 4) draw. doodle. experiment with materials. 5) make art... over and over again. 5) don't be afraid to cut out the best parts of pieces you make that you like, make bookmarks with what you don't like or just paint or paste over old work and begin again. 6) art is a journey, not a destination!
- Start by playing. You don't have to paint a masterpiece each time. Just paint what you feel.
- Paint a whole lot; you figure out how to do what you like and want to produce, simply by doing enough of it.
- I think it is so important for a beginner to start out loose--big brushes, paint from the shoulder and not from the hand, mess up mess up mess up and don't be afraid to MESS UP!
- Just play. Shut off the criticism running in your head. Forget all the "rules" you were previously taught. Keep working at it.
- Learn from a wide variety of teachers, be willing to try different mediums, use the best quality of materials you can afford, and keep going. I'd say don't be your worst critic, but I'm still working on that...
- Explanations at the very beginning as to why we are making a bunch of colored papers & how they will figure into the process of creating art.
- To play and remain unattached to the results. And to work in a series or produce batches of several pieces at once. Something that still helps me is working small.
- "1.Create something as often as you can. The more you create the higher your percentage of success. How do you get to Carnegie Hall? Practice Practice Practice. 2.Copy art you like. It will teach you about value, color, competition and technique. This is a practice drill, not a painting you can sign."
- Familiarize yourself with materials, technique and tools.

- There are no rules. There are only guidelines. Don't be afraid to try something new. Never say I can't. Think of everything as a learning process. Don't accept no for an answer. Remember it's your art and not everyone will see it as you do. Take chances and see what happens. Remember when you were a child and see the world as you did as a child. But most of all have fun, if it's not fun don't bother.
- "Go easy on yourself. Be more fearless. Be patient with your progress. "
- Just play and enjoy what you are doing without judgement.
- Make time and space for art every day.
- Experiment!
- Play with paint on paper to see how your medium of choice responds to your touch. You could return to this play every couple of months to see what your colours do when combined and try to make all kinds of different shapes during these play times. Don't be hard on yourself, just have some fun. You can determine later whether painting really is of interest to you.
- Set aside 30 mins a day to paint or draw and then it's not a question of if you'll create, but what you'll create.
- To work on multiples and not to aim to finish paintings but to see what comes out of process and play. BTW difficult to rank above as I think you need to be doing a bit of everything simultaneously.
- To keep going even when my art is no good; to keep trying new mediums and techniques
- "Just start!"
- If I knew then what I know now is go for it ..learn how to see and recognize what you like
- Just Paint! Do something every day. Learn techniques, of course, because they will allow you to realize your vision. Experiment, experiment, experiment. The rest will come when you let go and have fun! Above all, enjoy the process.
- Follow your fancy!
- "Find a reason to draw, paint most days. The value of making art is not the fact that someone else will pay for it."
- Try not to take yourself too seriously... Be as free and as loose as you can be when you paint!
- Don't allow yourself to be too easily discouraged. If you're frustrated, take a break from art or try something different.
- Just DO IT...start to draw on white pieces of paper with NO AGENDA, no assignment, no NOTHING...except your brain and your hand. Keep at it. See what style, design preferences, subject matter emerge.
- "Necessity of darks, contrast, unevenness. Courage, risk taking is basic."
- "work on multiple pieces at once, drawing exercises to poetry, words, sound, site, design rules, draw everyday, psychology of negative self-talk"
- "Acrylic paint is best if you only have small periods of time to work. Work in layers. Limit your palette. Have FUN!!!"

- Go for it. Just play with the materials a little every day. Get inspiration from Pinterest, Instagram, etc
- Be free to create. Don't compare with other people, just have fun. Practice and practice.
- "I love abstract and work in acrylics and using gelli plates. My best advice is to do what is fun, what lights you up no matter the medium. I would also advise to set up commitment in time, days, hours whatever to that you establish a "habit" of doing your art. Make it a priority not just a "when I have time" thing. "
- "Play with materials and find out what you like. Go with what lights you up without comparing self to others, non-judgement. It is fine to admire artists yet move with materials and content that they want to play with. Be playful. Technique can be learned and also can develop naturally as it is needed. No pressure or expectation, go with what shows up."
- Stop comparison with other, gain confidence.
- Try new things and don't worry about results.
- "Don't judge yourself so harshly. Just create and accept both the physical art you make and the joyous feeling that the process itself produces."
- I would tell myself to get more education. To trust myself. To dream big. To take time out of every day to create. To persevere. Only through actual hard work and experience can growth and maturity happen.
- I would focus on composition and color but, importantly, still while working at my level to make it fun and challenging.
- Keep showing up and trying.
- Be patient, practice everyday, even if only 30 minutes, you can get a lot done in 30 minutes, enjoy your practice, write about what you see, look at a lot of great art, start a folder of art you love, articulate why you love it, repeat, oh and find like minded people to share the process with
- Paint every day. Pay attention to your surroundings, everyday objects, trees, clouds, nature. Look at a lot of art at Museums, the internet, art centers. Think outside the box. Carry a sketch book and pencil with you to make quick sketches of things that interest you. Learn about composition, a good one is pleasing to the eye. Try mixing the 3 primary colors to see the many combinations that work. Don't be afraid of making a mistake, the joy of making art is in the process.
- Keep an open mind. Enjoy the process and don't worry about creating a finished masterpiece. Have fun experimenting. Your confidence will grow with the time you put in.
- Just play with different materials (and not only "art supplies") -- I have ended up doing what is referred to as 'mixed media' which incorporates all kinds of materials -- I found that it is exactly what suits my style of art-making but it took years of being inside the box of what art is 'supposed to be' before I found it -- so in a couple of phrases, play, find what is fun for you, and think outside the box.
- Just do it!

- Work from life. Look slowly. Make marks in response to what you see and how you feel about what you observe. Every piece is a stepping stone to the next piece. Have fun in the process.
- Really, truly, don't judge, don't compare, be patient.
- Go with the glow. There are no mistakes. You can always paint over anything.
- Not knowing where to start and finding a solid teacher has been my biggest struggle as a new artist. My advice to a new artist would be do your research before selecting teachers and buying workshops, classes, etc.
- Just DO something every day. Don't listen to people that aren't supportive. Go out and LOOK at art. Paint what makes you happy. Don't waste money on learning someone else's "style"
- I really got a lot out of a basic composition course that I took, and I'd love more on that. I feel always feel like my art doesn't look "like that." Like the professor's or the artist's. I need to know how to make it gel a bit more.
- Have fun! Do not stop having fun!
- "Draw every day. Set up challenges (constraints) for yourself, along with timelines to work within (DD's). Listen within intently while you draw, record what makes you come alive and results from all experiments. Experiment allot, allow yourself to fail allot. Just keep going. Learn to look at the world through creative eyes, visual eyes...again, what makes you come alive? Make lots of notes everywhere, all the time...part of seeing creatively. Allow yourself a HEALTHY dose of looking at others "
- Art making is a personal process of discovery & evolving. Don't be afraid to be a beginner or to risk making art you don't like. Only you can make your own unique art. Learn to critique your art based on principles of art rather than judgment. Expose yourself to many genres of art & try things that resonate with you. Keep the things you make around you/over time you will begin to see themes & repetitions that encourage and affirm your path. Learn about art, art history & artists past and present
- "Look for recommendations of the best local artist in your area for the kind of art you want to create. Buy quality paint and brushes. Enjoy the process"
- Classes really help- I learned a lot from teachers and the people in my classes
- 1. Make art as often as possible, ideally, something every day. 2. Have fun and a sense of play. 3. Don't judge your work. 4. Your work is significant because it is something you did, which makes it unique and original.
- Use sketchbooks, as there you can work small and without pressure.
- "Start exploring different kinds of art. Pay attention to the style of art you're drawn to and then start doing some! Experiment with different materials for making art. Take classes when you can- soooo helpful "
- Don't worry too much about the product. Pay attention to the process, to what you enjoy the most, and move in that direction.
- Consider art-making an exploration. Have fun. Focus more on process than result. It's the journey, not the destination.

- Get out of your head ;-)
- Wished I had started sooner. I was one of those kids told I could appreciate art but I could never be an artist. I was in my mid-fifties (a decade ago) when I took a printmaking class and suddenly felt so at home. I make art now, largely for my own pleasure (but put in the hours to keep improving). To my younger self and other beginners, I say if art calls to you and you're willing to keep trying -- and feel joy despite the hard work and the down times -- then you're an artist.
- Be brave
- Show up every day. Play like a 5 year old.. be comfortable with ugly.
- Relax, experiment and have fun!
- Begin where you are, with the space and materials you have. Keep it simple. Work (play) every day. Find "your" people to share your work, insights, questions.
- Just start! Don't wait to get better. Don't think too much about how it looks.
- Patience. Don't be attached. Mistakes sometimes create wonderful outcome. Don't hold on so tightly. Learn techniques so u can create. Put music on to help relax.
- Play. Not be so serious. Do not ask for other's opinion. Do what you like. Stop doing what you do not like. Take a risk. Play. Color theory can only take you so far if you do not take a risk and play.
- You can do it... no fear
- Don't put pressure on yourself by trying to create a masterpiece. Just continue to work, have fun, and learn.
- Practise , practise, practise. By this I mean turn up every day to do something. It doesn't matter if it's for 5 minutes or five hours. It keeps you 'in the zone'. I spend some time every day in my studio. I might only be tidying away collage stuff, or I might spend an hour on a painting. It doesn't matter, just BE there.
- Quit thinking about the end result, when you have barely started! Also, learn about values and contrasts. Practice, practice, practice! And when you think you have practiced enough, practice some more!
- Try everything that appeals to you. Find good books and good teachers. Do art over and over and over. Practice. Get feedback. Have fun.
- Have a go
- Just start - do it! It's like everything else in life - learn by just starting and doing it. You need some basic information, which can easily be found online, but finding an artist whose work you like and whose teaching or sharing style you like is a fantastic way to start. You learn so much from their blogs, posts, workshops, and realize you are not alone in being a beginner.
- I have never regretted focusing on drawing first, especially figure drawing. It's a great way to train yourself to see.
- Play, figure out what you like. Practice that.

- Regular creative practice (daily if possible), builds the strongest habit, comfort level & confidence which over time- the joy is in the journey- produces consistency! It is called a "painting practice" for a reason!
- "use inexpensive supplies when you are starting - sometimes if I know the cost is low, it gives me permission to do be more experimental. BUT there is nothing more fun than to get really good art supplies too! Just don't hold off using the good supplies until you feel like you are "good enough" to use them. JUST HAVE FUN! "
- Suspend judgement,figure out what brings you the most pleasure and do more of that.
- The day my journey as an artist (who I was taking seriously) started was, when I committed myself to do one page every day. However, whatever, no expectations, no "quality". Just perseverance and staying tuned. It started with the commitment of one page a day and ended with hundreds of pieces of art, shows, my own studio, workshops, piles of zines and art journals ...
- To actually explore/play in all your media to the point you are always comfortable obliterating even large areas just to see if you LIKE it. That a sketchbook is the place to gather elements...a testing ground, your laboratory. Explore a subject in many sketches and experiments in series so you don't have the subliminal pressure to express it in one single work. Think 20 explorations in color, texture,size,parts that excite you, maybe then doing several works simultaneously. Stay unprecious!
- If you love Art and want to be an artist, don't be afraid of creating art, just follow up your inner voice, read about your favorite artist, learn from he/she, explore and always play with your paints- the more you paint the better will be your work- just follow up your instincts!!!
- ADVICE - Try to understand which "rules" are somewhat prerequisite & when "no rules" is the way to go, i.e., get a handle of the "basics" (those guidelines which can apply to any subject matter, style or medium) - Approach art making as play; don't take it so seriously - this is supposed to be enjoyable; - Don't worry about what/how others are painting; failing is part of the process LESSONS THAT MIGHT HELP A BEGINNER - Experiment with techniques, materials, etc.; I wish I would have taken a
- Make bad art. Give up thinking about "good" and "should". Make more art. Make something everyday. Lean into being surprised.
- I didn't need everything at dickblick.com to make art. Use what you have on hand before spending a lot of money. The best way to learn is to do a daily journal practice. You can transfer your ideas from the journal to canvas or paper for a larger work. Just do it!
- Practice and exploration are key to the journey. Create art that gives you pleasure and don't beat yourself up when you don't like what you see. It's a process.
- Practice the same things over and over again. Work in series
- After composition, I would have suggested VALUES and CONTRAST.Roman was not built in a day!!! We learn more by DOING!! Buy the paints and canvases you can afford and then, just paint and paint and paint!!Do not expect ANYTHING, just enjoy the process and say to yourself that the money you are spending on art supplies is worth you living a creative life!!! If that

canvas is 6 inches thick, it's ok because paintings look good with "history" underneath it. SO do NOT cover up EVERYTHING.

- Let go, don't try to control everything, ignore your inner critic. Trust your gut and forget about perfection. Your art is for you and you alone. Others liking it is just a bonus.
- Just keep watching techniques of artists you like on YouTube., take classes from them when possible. Then just keep doing it and eventually you'll find your own technique and style.
- Make more art. Be less stingy with materials. Don't be afraid to make bad art and a lot of it, because you will. Be playful as you begin but contemplative as you conclude a piece. Don't try to be Picasso (or any other artist), be yourself. Learn what YOU like, not what your teachers like, the public likes, your friends and family like.
- "Don't stop yourself, even if you don't think you know what you're doing."
- Get engaged in the process, physically, intellectually, emotionally. Understand that growth is a more important achievement than making a painting that "looks good". Whatever the result, it should be fun to get there and, yes, contribute to growth. Put in the time. Don't require affirmations, seek suggestions which can be tried or not but which provide opportunity for growth. At various points consider objectives (which may change) and review growth and fun. Growth and fun. Thats all.
- study others but be original
- Persistence is more important than raw talent. Make lots and lots of art, and something you like will come out of it
- "mother pile for colour harmony. Loud conversation and quiet conversation. start with a chaos layer"
- Explore what you want to communicate or express with your art. Experimenta as much as possible. Stay with the process and try to let go of outcomes. Also, put away the things you think are crap and look at them in six months or a year.
- To give any thing and every thing a go.. use a sketchbook, think of it as a visual diary .. don't be scared of the white page..
- Just to sit and play. To know that not everything is going to be good and that is ok. To have fun and learn what you like and don't like.
- the more you do the more you learn. look at your first 1,000 art pieces as experiments and learning. volume over perfection. try materials and techniques, make friends with other artists. be true to yourself even if you have private work for a long time.
- Allow yourself to get into the process without thinking too much about outcome. Learn as much as you can about various elements of composition - value, color, texture, shape, scale, mark making etc. Try to set up a regular work schedule and get into your studio even when you don't feel like it. I think that one of the most helpful lessons for me as a relatively beginning artist was learning to observe my own work through your classes and your book.
- Being committed to your craft not letting the people who say "no" get the best of you. I also think you have to invest in yourself before you expect other people to workshops and educating yourself is important .

- "Play. Be free, don't judge, Watch videos. Look at all kinds of art"
- Walk away, put it down, look with fresh eyes. There is a point where you are not sure what to do and that is when you turn it face down (metaphorically) and leave it. Then put it somewhere that you can catch sight of it unaware and do that. It may be done.
- Just keep working
- Well I am a beginner still I feel well placed to comment. ... the thing I'm learning is to have fun with the materials and stop trying to make beautiful paintings.. learning that mark making IS drawing by another name and not to be scared to do this. I'm still scared of the sketchbook thing but starting to see the value.
- Don't be afraid! Play! When you start, just do whatever feels fun, knowing you'll be painting over most of it anyway. Allow yourself to be surprised by what comes out, rather than trying to control the outcome.
- Be consistent and practice even few minutes but everyday
- Start from where you are- be comfortable being a learner, and doing things badly, but if you enjoy it, keep working. Try to embody the openness you had as a child. Don't compare yourself to others with better developed skills. Try to work at it regularly, daily, weekly, monthly, but regularly, by your definition.
- Just play and explore the materials. Get interested in the process and not in the end product. Find out the marks, shapes and colors you like and play with them. Be constant and establish a regular art practice.
- Learn to draw; practice every day; learn composition, color, and value; don't compare yourself to others; don't post your work on social media.
- To just start - dabble, create simply, a few tools, don't need a studio, show me each material and what it does one by one, how to mix paints at a very simple level, simple techniques, working with very little money, cheaper courses that teach the basics you can view on your own time.
- Don't try to do or use everything at once. Focus on the process, not on the end result. Experiment, play and have fun!
- Quit trying to please everyone else. Have fun!
- Make the instructions easy to understand, easy to do and let them play.
- "Practice, practice, practice. Prioritize time in the studio. Ask yourself "What if". There are no failures, failures are learnings. Watching videos and taking classes is good but doing and creative play are more important than watching. Note: I like doing in person workshops. If I am going to travel then I like to capitalize my expenses with a longer workshop. Can only do so many of those so a once a week online series is my next and most common choice of workshop."
- Keep at it. Make some kind of art every day if possible. Even if you are just doodling, or making loose sketches you are building creative muscle.
- "Do some art every day. There is no wrong. Experiment."

- "Keep showing up even when it is not working. Make a mark, then react to that mark. Find out what you love doing. Keep fresh eyes by leaving your work and coming back. Ask "what if?""
- Think of each interaction as "what happens if I did this?" rather than focusing on the final product.
- Lose the preciousness of the art... explore an idea ie line, shape, color, develop a vocabulary, nice to practice it and have the teacher see it and comment, not so great just doing it on your own, feedback like your composition class was the best
- A little bit of color theory is helpful even to beginners, because it helps you make more attractive work. Same with discussion of values. But it can be brief. I think the same about materials - you need to have some basic knowledge to start, but don't need in depth knowledge until you are well on your way.
- "Be kind to yourself. Like many other things art is a learning process. Pay attention and take one step at a time. At the first workshop I took with Jane I was really lost and frustrated. The white space or the open space on a piece of art is as important as what ever else you put on the page."
- "Talent" is largely a myth. Give yourself plenty of time to learn. Not liking the results of your efforts is part of the process, it is essential to keep going anyway. Some of my favorite paintings have a "failure" in them. Your inner critic is not your inner artist - your inner artist is curious, your inner critic is just plain judgemental. Find a way to silence or at least reduce the volume of your inner critic - let someone else do the talking (audiobooks and podcasts do a nice job). Have fun.
- Just practice and pay attention to what you enjoy doing best.
- Feel what you are doing intuitively, but be aware of composition types, light contrast and staying open to what you experience at the same time moving toward it if you like it, and asking yourself why you did not like it.
- Learn how to draw what you see. Practice getting proportional dimensions and perspective reasonably correct. This will help you express your vision for a painting. Use a color wheel to put together colors that work together and don't get muddy.
- Learning exercises rather than having to complete full compositions and /or paintings in a short period of time. Finding a teacher that gives specific feedback specific to the current learning task and specific to one's level of understanding and skill. Find a few other artists to share your journey and camaraderie
- That the process and experience of creating is what to value rather than the product. It's sort of funny that I would teach my students that but hadn't truly learnt it myself until lately.
- "1. GET OUT OF YOUR OWN WAY!!! Stop judging yourself. Just show up and make art. 2. Do that every day. 3. It's ok to copy but try to copy in your own way. Glean your favorite parts and move on. 4. Spend at least 6 months with one medium before you try out another- watercolor to acrylic to oil, etc. Get to know what you already have. 5. find other artists to converse with. 6. YouTube! Free tutorials. Take time to digest. 7. Keep an ugly art sketchbook. 8. Supplies: quality over quantity"

- You don't get better by not doing it (my favorite quote from Jane Davies). Always carry a small sketchbook and something to draw with (pen, pencil, a water pen and a folded card scribbled with blocks of a few watercolor crayons or watercolor pencils). You'll be amazed what you can do in just a few minutes of "waiting around" time.
- "Make art every day. Even if you sketch into mud with the heel of your boot. ;-). Pretend you are a young kid. Like... 4 years old...before you learned all the things. Be free. Experiment."
- The process of making art is more rewarding than making a product (aka pretty picture). Learning the fundamentals of sketching and composition is first step in the journey. The sketchbook is key to recording your progress, making notes, and play.
- Try everything and give up the idea of "getting it right." You can always paint over it and try again.
- To start you only need a basic set of colors red, blue, yellow, black and white from those you can make many colors. You only need a few brushes and some basic multi media paper to start.
- Don't overthink, just put stuff down on paper or canvas and keep going
- "Just do it without ongoing critique. Do it for the joy., not for show, not for others. Start large and free-avoid getting tight and specific"
- Experiment and repurpose
- Show up and do the work, it's the only way to improve
- To give myself time to paint every day, to make lots of art, the good, the bad and the Ugly!
- Just do it.
- Just sit down and do something. Give yourself time to experiment and feel the joy of flow
- If it makes you happy do it. If you dont like something ... dont do it! Art should be fun and if you are even wanting to start, then dont doubt yourself! Accept the fact that we all start SOMEWHERE and there will ALWAYS be others who are better than ourselves. Some of us will just have to work harder than others but with every piece, it is one step better than the one before.
- My number 1 thing would be focus on the process, not the product.
- My advice is to just explore and do it often, daily if possible. No one sits down in one session and creates a masterpiece...thanks why it's called "art practice". Be fearless and know that without taking risks, the rewards will be few.
- Drawing helps you to see better. Seeing helps you create better art. The basics of composition are essential to create successful works of art.
- Keep learning and exploring. Don't give up.
- Practice, practice, practice!
- Show up, play, enjoy and do not worry about outcomes. It takes time to develop as an artist. It is OK to make ugly art.
- Just enjoy the process. Work on that rather than results.

- Even if you don't have the funds or opportunity for classes, do something creative that you enjoy on a regular basis. (Then ask for those other things as gifts when the occasion arises.)
- Make lots of art. The more you make, the better you will get. It is like you have to kiss a lot of frogs...
- All the mistakes I thought I made, all the dead-ends I crashed into, weren't that at all - all doors that've continually opened back up for me decades and decades later.
- Ask questions, take notes. Don't compare your work to other students. Remember, you're a beginner so don't put pressure on yourself to create a masterpiece.
- Keep practicing, experiment, play
- "If you try painting and feel it is not for you, quit and don't feel badly about quitting- You can always change your mind. If you try painting and you get that warm glow inside despite the results which probably won't be great, make it a priority in your life."
- Explore any medium you can. Learn from all sorts of artist, try their methods, and stick with the ones that work for you. Copy everyone until you find out what you love, in terms of subject matter, medium and style, and do that.
- Practice, practice, practice. Try to find a few mediums to master rather than every one of them. Don't worry if your loved ones prefer the piece that looks just like a greeting card.
- Even though I kind of still feel like a beginner because I'm always learning new things, the thing that most helped me as a true beginner was showing up everyday and doing something, whether it be in a sketchbook or doodling away on a piece of scratch paper. Also, I was lucky to have found some encouraging teachers on line that helped me keep going. I accept myself for the beginner I am and try not be critical of what I make. My motto always has been and continues to be "process not product".
- Jump in. Have fun. You will make bad art, it's OK. It's a great way to practice non-attachment and humility. Knowledge about art is not linear, you can enjoy making art before you know all the best practices or before you are good. Prioritize learning about why great art is great -- this helps you as an artist AND helps you enjoy viewing art.
- Try things out. Explore the materials and play with them to discover their possibilities be interested in the process and don't get stuck on the « finished product. Discover what you love and what you don't instead of trying to paint like someone else.
- Do something every day even if tiny or "insignificant" - it all adds up.
- Draw everyday. Take classes and study the masters. Get feedback from an instructor you value.
- Look at shapes, not objects - don't name the objects, just concentrate on the shapes. Then draw the negative shape around, under and over the object. Then concentrate on value and tone to give depth and understanding.
- Make art every day. Persist. Enjoy the process.
- Enjoy the process, practice, and experiment. Give the inner critic a rest. The act of creating should bring joy.

- When I first began painting, it was important to watch someone else to learn how to apply the paint, what tools to use, learn color theory and develop some techniques.
- Develop a habit of creating and learning.
- "Learn to draw: this doesn't mean you have to learn accurate, highly technical drawing, but learn to see stuff around you and record it; and how to get the stuff in your head out onto paper so that you can see what it really looks like. Keep a sketchbook: put something in it every day: a drawing, a scribble, words, a scrap of paper, even just write the shopping list. "
- Make lots of art and don't expect to finish or like every piece. Put the paintings you don't like away so you can't see them. Let them rest and look at them later with fresh eyes. Some paintings, most paintings are never done.
- Practice Practice Practice and seeing an instructor paint from start to finish, also seeing others work critiqued
- There are NO rules, unless you really want to be archival; there are principles worth learning, but don't be a slave to anything but your own exploration and experimentation. Spend more time doing and practicing than anything else. Any teaching with "never" or "always" should be immediately broken (unless a health and safety practice).
- Let it flow and just have fun!!
- Enjoy it. Make a lot of work, good, bad and indifferent. Trust your creative judgement. Concentrate on the process rather than the finished result. Experiment. Watch videos on utube.
- Trust your eye.
- I'm an advanced beginner, so at this point I would like to get better at composition and also how to mix techniques to make more interesting art.
- Don't be afraid to make ugly stuff. Having an adequate amount of space is beneficial. Stop judging yourself so harshly.
- Understanding how to use a limited number of colors with tints/tones (black and white)
- Don't give up. Try new things. Experiment with color, composition, materials etc.
- learn to draw! It's a skill and can be learned. Value is more important than color.
- way to get started and layers collage composition
- Stop worrying so much.
- Keep trying. Study other artist's work.
- Art should be about exploring & finding what makes your heart soar! Use a pen or brush & explore what you can do with it. Dip it in ink or paint & start playing. Add elements or mediums in too, but remember to play. You're just beginning & the first things may not be what you have in your mind. That's OK. Keep playing and making more art. Soon you'll see a style emerge & it soon looks like you've created it on purpose. You will learn the basics like color theory and composition along the way.
- Be kind to yourself.

- Just experiment and try to get over the fear of failure Offer full proof exercises so that the student gains confidence."
- "Paint to express, not to impress" - a quote that I heard once and it has stuck with me. You need to put in the time and the effort - explore, play and have fun. And try not to worry about the outcome."
- " learn about materials and tools so you can paint expressively experiment"
- Try out different techniques, approaches, and materials, and have fun.
- "number 1 - don't judge.. if you have to, be specific about one thing you don't like AND one thing you love, then move on. number 2 - don't ask for opinions. if you're excited about what you made, by all means share it with enthusiasm and leave it at that."
- Learn to sketch and/or draw. Study other artists' works that you like, and analyze with the fundamentals and elements of art. Don't be afraid to put paint/pencil/materials on a blank sheet, just do it, and play with it. Take classes, and in a variety of mediums until you find the one that just grabs you and holds you, then learn all you can about that one....and do art everyday!
- "Take as many workshops as you can...they are not only fun but you can figure out what you don't like!! Play, have fun...enjoy yourself!"
- My advice and still my challenge is consistently showing up in my studio..You don't have to always be creating artwork. It can be exploring with tools, substrates and various mediums or watch some demo videos & take workshops..I love being in my studio once there but the process to show up with other busy life activities gets in the way, The inner voice that says I will go to my studio tomorrow and have more time. It's giving yourself permission to prioritize your creative spirit.
- I started as a stress relief. I picked up sticks on my walks, came home, googled how to affix to canvas. My first "3art lesson" was paint and drink wine evening. My, advice would be, paint, collage, draw,, whatever. Y.ou don't need canvas, I've got some interesting Amazon boxes holding my art supplies.
- Have Fun and experiment with whatever materials, tools you have around you. No pressure or expectations for results.
- Keep going. Work every day.
- "Start with drawing and then be brave enough to do what you want."
- Play and repeat
- Practice! And, there's no such thing as failure.
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